



## Community Addiction Recovery Service (CAREs) - East Kilbride

Service name:	Community Addiction Recovery Service (CAREs) - East Kilbride
Address:	Hunter Community Health Centre Andrew Street
Town:	East Kilbride
Postcode:	G74 1AD
Telephone number:	01698 753956
Fax number:	n/a
Website:	<a href="#">n/a</a>
Health board area:	Lanarkshire
Local authority area:	South Lanarkshire
Alcohol and Drug Partnership (ADP) area:	North and South Lanarkshire
Type of service:	Statutory
Nature of service:	Community Based
Referrals:	Any Agency, Self Referral, GP, Health Professional, Social Work, Court
Client access (please select all that apply):	16-18, 18+, 21+, Non-gender specific, Women with children, Men with children

### Service Access

Opening days and times:	Monday: 9.00am - 5.00pm Tuesday: 9.00am - 5.00pm Wednesday: 9.00am - 5.00pm Thursday: 9.00am - 5.00pm Friday: 9.00am - 4.30pm Saturday: Closed Sunday: Closed
Service access:	By Appointment, Home Visits, Contact Address Required

### Substances treated/targeted:

Substances treated/targeted:	Yes
Selected substances treated/targeted:	Heroin, Dihydrocodeine or other Opiates/Opioids, Cocaine, Amphetamine or other Stimulants, Cannabis or Synthetic Cannabinoids, Diazepam (Valium) or other Benzodiazepines, MDMA/Ecstasy or other Empathogens, Ketamine, Methoxetamine or other Dissociatives, LSD and other Psychedelics, Solvents/volatile substances,

	Prescription medication, Over the counter medication
Advice and information:	Yes
Counselling:	Yes
Counselling options:	One-to-One, Motivational Interview, Cognitive Behaviour Therapy
Detoxification as part of the service:	Yes
Detoxification options:	Home Based Detox, Outpatient Detox, In-Patient/In-House Detox, Detox By Referral
<b>Mental health service</b>	
Mental health: does your service provide mental health support and advice?	Yes
Mental health support options:	As part of the service, By referral to specialist unit
Mental health support option types:	Depression, Anxiety/Phobic disorder, Physical Abuse, Sexual Abuse, Self Harming, Bipolar Disorder, Psychosis, Personality disorder
Mental health interventions:	Yes
Mental health intervention options:	Assessment tool to identify mental health problems for drug users, Suicide risk assessment/prevention, Brief Interventions, Crisis Resolution, Dual Diagnosis, Screening
<b>Prescribing service</b>	
Prescribing:	Yes
Prescribing options:	As part of the service, By referral, Methadone, Buprenorphine, Naltrexone
<b>Rehabilitation and other services</b>	
Rehabilitation and other services provided:	Advocacy, Drug testing, Education and Training, Groupwork, Sexual Health, Talks/training, Stalls at exhibitions/seminars
Needle exchange:	No