



Addiction Recovery Centre (Kirkintilloch)

Service name:	Addiction Recovery Centre (Kirkintilloch)
Address:	29 Townhead
Town:	Kirkintilloch
Postcode:	G66 1NG
Telephone number:	0141 776 3887
Fax number:	0141 775 2983
Organisation email:	enquiry@arcentre.org.uk
Website:	www.arcentre.org.uk
Health board area:	Greater Glasgow And Clyde
Local authority area:	East Dunbartonshire
Alcohol and Drug Partnership (ADP) area:	East Dunbartonshire
Type of service:	Voluntary
Nature of service:	Community Based
Referrals:	Any Agency, Self Referral, GP, Health Professional, Social Work, Court
Client access (please select all that apply):	Under 16s, 16-18, 18+, Non-gender specific, Couples, Women with children, Couples with children, Men with children, Other (please specify below)
If other has been selected, please specify:	Children must have a Parent/Guardian with them.

Service Access

Opening days and times:	Monday: 12.00pm - 3.00pm Tuesday: 12.00pm - 3.00pm Wednesday: 12.00pm - 3.00pm Thursday: 12.00pm - 3.00pm Friday: 12.00pm - 3.00pm Saturday: N/A Sunday: N/A
Service access:	No Appointment Required
Telephone helpline:	0141 776 3887

Substances treated/targeted:

Substances treated/targeted:	Yes Heroin, Dihydrocodeine or other Opiates/Opioids, Cocaine, Amphetamine or other Stimulants, Cannabis or Synthetic Cannabinoids, Diazepam (Valium) or other Benzodiazepines, MDMA/Ecstasy or other Empathogens, Ketamine, Methoxetamine or other Dissociatives, LSD and other
Selected substances treated/targeted:	

Advice and information:	Psychedelics, Solvents/volatile substances, Prescription medication, Over the counter medication
Counselling:	Yes
Counselling options:	Yes
	One-to-One, Cognitive Behaviour Therapy
Family services	
Family services:	Yes
Family services options:	Parent/child support, Carer support groups
Mental health service	
Mental health: does your service provide mental health support and advice?	Yes
Mental health support options:	As part of the service, By referral to specialist unit
Mental health support option types:	Depression, Anxiety/Phobic disorder, Physical Abuse, Self Harming, Eating Disorders, Psychosis, Personality disorder
Mental health interventions:	Yes
Mental health intervention options:	Suicide risk assessment/prevention, Brief Interventions, Dual Diagnosis
Outreach service	
Outreach:	Yes
Outreach options:	Outreach Clinics
Rehabilitation and other services	
Rehabilitation and other services provided:	Advocacy, Drop-in sessions, Education and Training, Education and training (by referral), Engage Volunteers, Engage peer volunteers, Groupwork, Talks/training
Criminal justice services:	Yes
Criminal justice services options:	Court reports
Needle exchange:	No
Further information	The purpose of the Addiction Recovery Centre is: To relieve the needs and preserve and protect the health of the people in East Dunbartonshire who have - or have had - a life controlling addiction to alcohol, drugs, gambling or other such addictions with a view to improving the conditions of life. To give hope and recovery to said individuals and their families to alleviate addictions in future generations. To offer support to all family members including children affected by parents or other family members suffering from addictions. To encourage individuals recovering from these conditions to reach out and encourage recovery in others. All of the above is based on the Twelve Steps principles, which are fundamental to the operation of the Addiction Recovery Centre, as is anonymity.