



## North Aberdeenshire Recovery Service (Banff)

Service name:	North Aberdeenshire Recovery Service (Banff)
Address:	Unit 8A, 83 North Castle Street
Town:	Banff
Postcode:	AB45 1JJ
Telephone number:	01261 818771
Health board area:	Grampian
Local authority area:	Aberdeenshire
Alcohol and Drug Partnership (ADP) area:	Aberdeenshire
Type of service:	Voluntary
Nature of service:	Community Based
Referrals:	Any Agency, Self Referral, GP, Health Professional, Social Work, Court, Other (please specify below)
If other has been selected, please specify:	Police & Prison
Client access (please select all that apply):	16-18, 18+, 21+, Non-gender specific, Couples, Women with children, Couples with children, Men with children

### Service Access

Opening days and times:	Monday: Outreach Clinic Tuesday: Outreach Clinic Wednesday: Outreach Clinic Thursday: 10.00am - 4.00pm Friday: 10.00am - 4.00pm Saturday: Closed Sunday: Closed
Service access:	By Appointment, Home Visits

### Substances treated/targeted:

Substances treated/targeted:	Yes
Selected substances treated/targeted:	Heroin, Dihydrocodeine or other Opiates/Opioids, Cocaine, Amphetamine or other Stimulants, Cannabis or Synthetic Cannabinoids, Diazepam (Valium) or other Benzodiazepines, MDMA/Ecstasy or other Empathogens, Ketamine, Methoxetamine or other Dissociatives, LSD and other Psychedelics, Solvents/volatile substances, Prescription medication, Over the counter medication
Advice and information:	Yes
Counselling:	Yes

Counselling options:

One-to-One, Motivational Interview, Cognitive Behaviour Therapy, Other (please specify below)

If other has been selected, please specify:

Solution focused therapy.

Detoxification as part of the service:

Yes

Detoxification options:

Home Based Detox

### **Mental health service**

Mental health: does your service provide mental health support and advice?

Yes

Mental health support options:

As part of the service, By referral to specialist unit

Mental health support option types:

Depression, Anxiety/Phobic disorder, Physical Abuse, Sexual Abuse, Self Harming, Bipolar Disorder, Psychosis, Personality disorder, Other (please specify below)

Mental health interventions:

Yes

Mental health intervention options:

Assessment tool to identify mental health problems for drug users, Suicide risk assessment/prevention, Brief Interventions, Crisis Resolution, Dual Diagnosis

### **Prescribing service**

Prescribing:

Yes

Prescribing options:

By referral, Methadone, Buprenorphine, Naltrexone, Naloxone, Other (please specify below)

If other has been selected, please specify:

Prescribing only as part of shared care service with Kessock Clinic.

### **Outreach service**

Outreach:

Yes

Outreach options:

Outreach Clinics

### **Rehabilitation and other services**

Rehabilitation and other services provided:

Advocacy, Alternate therapies e.g. acudetox, Drop-in sessions, Drug testing, Education and Training, Groupwork, Sexual Health, Talks/training

Criminal justice services:

Yes

Criminal justice services options:

Court reports, Throughcare/transitional care, Prison aftercare, Arrest referral

### **Needle Exchange**

Needle exchange:

Yes

Opening days/times:

Monday: Closed  
Tuesday: 5.00pm - 9.00pm  
Wednesday: Closed  
Thursday: 5.00pm - 9.00pm  
Friday: Closed  
Saturday: Closed  
Sunday: Closed

Needle exchange services:

Citric acid, Water for injecting, Sterile spoons, Filters, Needles/syringes packs,

Do you provide additional services?:	Needles/syringe selection system, Specific Image and Performance Enhancing Drugs kits, Pre-injection swabs, Condoms, Lubricants
Needle exchange additional services:	Yes
Do you provide specific clinic for clients who use Specific Image and Performance Enhancing Drugs (IPEDS)?:	Facility for the return of used equipment, Distribution to friends, family and carers
Information services:	No
Information resources available:	Yes
Face to face advice services:	HIV, Hepatitis A, Hepatitis B, Hepatitis C, Safer Injecting, IPEDS
Face to face advice topics:	Yes
	HIV, Hepatitis A, Hepatitis B, Hepatitis C, Safer Injecting, IPEDS, Demonstration of paraphernalia use, Demonstration of safer injection practise
<b>HIV and hepatitis services</b>	
HIV and hepatitis:	Yes
HIV and hepatitis options:	HIV Testing, HIV Counselling, Hep A & Hep B Vaccinations, Hepatitis A Testing, Hepatitis B Testing, Hepatitis C Testing, Hepatitis Counselling, Other (please specify below)
HIV and hepatitis other:	Referral to blood-borne virus nurse
<b>Naloxone services</b>	
Naloxone training:	Yes
Training provision:	Overdose Training, Naloxone Training
Naloxone supply:	First supply of Naloxone kits, Re-supply Naloxone kits following use, Facility for the return of used Naloxone kits
	The IEP service becomes a gateway for referral to the following services: local a&e, care managers, local GP for registration or referral for health issues, family planning clinic, SMART recovery, Shield/supported housing organisation, local authority housing dept, religious rehabilitation centres. The service can also refer to other substance misuse services.
<b>Further information</b>	